



**(Appendix A)
Extra-Curricular
Contract**

PHILOSOPHY OF EXTRACURRICULAR PROGRAMS

All students are encouraged to achieve their fullest academic potential. While athletics and extracurricular programs provide opportunities to develop other skills and knowledge outside the classroom, students are expected to study and learn to the best of their ability in the classroom and other instructional environments. Therefore, the School Board has established academic, behavioral and attendance standards to guide students.

Your coach or teacher's primary purpose is to help you grow as a person. In order to be successful, however, you must commit toward the same goal by following the rules set forth.

We sincerely hope that you enjoy your experience and live up to these responsibilities.

CONTRACT

This contract has been designed to bring total understanding among student participants, their parents, and school personnel. We ask that all participants and parents read and sign this contract, indicating full knowledge of the rules, regulations, and commitment that participation in extracurricular programs at North Cow Creek Elementary requires.

The rules stated in this contract have been established to assure the successful operation of the extracurricular programs. These rules are set to assure fairness for all involved. The following are the Basic Rules of Behavior for all participants in the North Cow Creek Elementary Extracurricular Program.

ELIGIBILITY

Students wanting to participate in extracurricular activities must maintain a C or better grade in each subject, have satisfactory citizenship/behavior, and maintain a 90% attendance rate.

Below is clarification for monitoring and maintaining athletic eligibility.

- Upon being selected as a member of a team, the athletic director will confirm a student's eligibility.
- If a student is deemed ineligible:
 - Their teacher(s) will indicate specific requirements for the student to become eligible on the district form. During the first week of practice the student may participate in practice. Thereafter they may only participate in practice and games if they have meet eligibility requirements based on the teacher's requirements.
 - If eligibility requirements have not been met the coach will be notified and the student not permitted to participate for a minimum of one week and/or until requirements have been met. (Eligibility is only checked on Friday's of each week)

- It will be the responsibility of each ineligible student to check in with their teacher(s) during the Friday check utilizing the district eligibility form. All eligibility forms will be maintained in the school office.
- If a student is deemed eligible they may participate without any limitations. The ineligible process will be implemented for any student who becomes ineligible during the season.

BEHAVIOR & DRESS CODE

Students are expected to follow the school's behavior plan and dress code as listed in the student/parent handbook. Additional expectations for specific events (i.e. dances, etc.) may be required and will be given to students/parents in advance of the event.

CARE OF EQUIPMENT, UNIFORMS, LOCKER ROOMS (ATHLETICS)

All athletic gear is on loan to the athlete and you are personally responsible for its care and return. Lost **uniforms and equipment** must be reported to the coach or advisor immediately and if not found, you will be charged the **replacement cost** for it. It is also your responsibility to maintain a neat locker room.

TRANSPORTATION

The school has specific policies for transportation of students in private cars. This policy and appropriate forms are available in the school office.

PRACTICE/GAME ATTENDANCE

Regular attendance at all practices, games and events along with promptness is imperative. Absences will be excused for illness or other school sponsored events. Unexcused absences may result in dismissal from the team or program.

INJURIES

Be sure to report all injuries to your coach or program leader no matter how minor they may seem.

CONCUSSION & HEAD INJURIES (ATHLETICS)

The School Board recognizes that concussions and head injuries are commonly reported injuries in children and adolescents who participate in sports and other recreational activities. The Board acknowledges the risk of catastrophic injuries or death is significant when a concussion or head injury is not properly evaluated and managed. The Board recognizes that the majority of concussions will occur in "contact" or "collisions" sports. However, in order to ensure the safety of all District student-athletes, this policy will apply to all competitive athletic activities as identified by the administration.

District will utilize recommended guidelines, procedures and other pertinent information to inform and educate coaches, youth athletes, and parents/guardians of the nature and risk of concussions or head injuries, including the dangers associated with continuing to play after a concussion or head injury.

Prior to each athletic season, the coaches will distribute a head injury and concussion information sheet to all parents/guardians of student-athletes in competitive sport activities prior to the student-athlete's initial practice or competition.

All coaches, including volunteers, will complete training as recommended and/or provided by NHIAA, and/or other pertinent organizations.

Protocol For Return To Play

No member of a school athletic team shall participate in any athletic event or practice the same day he or she is injured if:

1. Exhibits signs, symptoms or behaviors attributable to a concussion; or
2. Has been diagnosed with a concussion.

No member of a school athletic team shall return to participate in an athletic event or training on the days after he/she experiences a concussion unless all of the following conditions have been met:

1. The student no longer exhibits signs, symptoms or behaviors consistent with a concussion, at rest or with exertion;
2. The student is asymptomatic during, or following periods of supervised exercise that is gradually intensifying; and
3. The student receives a written medical release from a licensed health care provider.

Academic Issues in Students With Concussions

In the event a student is concussed, regardless of whether the concussion was a result of a school-related or non-school-related activity, school district staff should be mindful that the concussion may affect the student's ability to learn. In the event a student has a concussion, that student's teachers will be notified. Teachers should report to the school office if the student appears to have any difficulty with academic tasks that the teacher believes may be related to the concussion. The school office will notify the student's parents and the school nurse. Administrators and district staff will work to establish a protocol and course of action to ensure the student is able to maintain his/her academic responsibilities while recovering from the concussion.

CONCLUSION

A primary purpose of our extracurricular programs at North Cow Creek Elementary School is to provide students with a well-rounded educational experience. Extra-curricular activities serve to extend and support the academic program. It is intended that through these programs students will build a desire to achieve excellence and strive to live a more healthful and purposeful life. Further, that they would develop a high level of respect for themselves, others, and working collaboratively with others. Through these programs it is desired that students will develop a positive self-esteem, sense of well-being, and value teamwork and learning from mistakes/failures.

Please tear off this page, sign below and return to your coach or classroom teacher. DO NOT return the entire contract; it is to be maintained by you for your records.

I acknowledge that I have read, understand, and will abide by the rules of the above North Cow Creek Elementary School Extracurricular Activities Contract.

Parent Signature _____ Date _____

Student Signature _____ Date _____